

Oklahoma Judges Association

December 2023 Newsletter



Question of the month:

What do you do if you want to practice judging a meet?

Email your answers to kelly072806@gmail.com



We are excited to share, we received multiple correct answers to the question! Thanks so much to everyone who took the time and submitted an answer and congratulations Stephanie for being the first!

The question asked if a Platinum/Diamond athlete performs a 135* split leap on beam, what value part would she receive and would she fulfill the special requirement?

Answer: VP- B, SR- Yes. The split leap receives the B on beam at 135* and the platinum requirement is 120*. Diamond requirement is 155* with a 20* variance.

Note the platinum still needs a dance series to finish the SR, the leap can be in the connection or isolated.

You can find more clarification on pages 7 and 12 of the XCEL Code in the Balance Beam section.

Level 7 Judges Cup

Qualifiers

Annika Wiens

Bart Conner Gymnastics

Sarah Edwards

Oklahoma City Gymnastics

Anastasia Monks

Bart Conner Gymnastics

Lorelei Weikle

Bartlesville Gymnastics

Taylor Reyes

Bart Conner Gymnastics

Rilynnne Roberts

Bart Conner Gymnastics

Makenna Montarella

Oklahoma City Gymnastics

Team Oklahoma will be travelling to Tinley Park, Illinois January 5-7th. We want to wish them safe travels and best of luck!



Canon Corner

Canon 2:

Judges should avoid even the appearance of professional impropriety.

The appearance of impropriety is a phrase referring to a situation which to a layperson (think parent) without knowledge of the specific circumstances might seem to raise ethics questions.

Impropriety definition: a failure to observe standards or show due honesty or modesty; improper language, behavior, or character.



Reminders

- Level 7- no requirement to touch feet, no deduction for missing feet.
- Level 6- 1.00 deduction for missing feet= 9.0 SV Tsuk/Yurchenko entry vaults which do not land on the bottom of the feet first are not void vaults.
- Level 6 & 7 Vault height is at least 32" with max height of 60". Including base mat. Table max is 135.
- Level 3 Vault can use a trampoline "board" vault with no deduction.
- The deduction for medium steps is 0.15.
- XCEL bars Short exercise less than 3 value parts is a 2.0 deduction

Attention



Region 3 Congress is being held in Ft Worth, TX on 1-2 June 2024. Early bird registration ends Feb 2, 2024. Be on the look-out for an email about group registration and be prepared to respond if you are NOT planning to attend.

The University of Oklahoma, is getting ready for the NCAA Gymnastics Season. The OU Women's Gymnastics team is the NCAA's repeat National Champions and ranked #1 as we move into the 2024 season. We expect another stellar year with lots of amazing gymnastics this year as well. We wouldn't be able to put on our home meets without your help. Our local NAWGJ judges support our meets as volunteer judges, supporting our timing and line judge needs. In general a meet is a time commitment of about 2 hours...and throughout the evening you are able to meet and interact with judges from all over the country and even earn some continuing education credits. We could use your help again this year.....Here is our home meet slate for 2024.

*Friday, January 26 Report time 6:35 versus Denver

*Friday, February 9. Report time 6:35 versus BYU, TWU and USU

*Friday, February 23. Report time 6:35 versus West Virginia

*Friday, March 1. Report time 6:05 versus Michigan

*Sunday, March 17. Report time 2:35 versus Alabama

*Saturday, March 23 Report time 5:30 for the BIG 12 Championships

Teresa Rhame is helping us coordinate these roles. We do pay a \$75 fee per meet supported. If you are interested in helping, please share with Teresa and she will work to get you scheduled. If you have any questions or are looking for more information you can reach out to

Teresa Rhame

trhame22@gmail.com. 405-365-4624

or you may reach out directly to me:

lisacavanaugh@cox.net 405-301-3842