



Oklahoma Judges Association

March 2024 Newsletter

Congratulations!
to LIZ FLORES

**Oklahoma Green Flag Award
Winner**



*Xcel Bars dismount
8.005 (Tap swing 1/2 -
1/2 dismount) touch of
hand is required for
skill recognition

Question of the month:

What is the start value for a level 6
vault that does not touch their feet?

Email your answers to kelly072806@gmail.com



Congratulations to Natalya Nikinita winner of last month question!

Question: What is the difference between a concentration pause on
floor vs beam?

Answer: A concentration pause on Beam is .10 deduction for pause
less 2 seconds. More than 2 second pause is .2 each. Concentration
pause on FX for 2 seconds or more is each .10

*There has been some
confusion on lever for
Copper. When asked
the president of AAU
Gymnastics replied "If
it looks like an acro, I'm
giving it."

Canon Corner

Canon 5:

Judges should be alert at all times, quickly and accurately produce their
scores and be prepared to support their score in a professional manner.

Canon 6

Judges should not solicit meets for themselves or others.

Everyone is responsible for their own scoring/scripting method. There is
a handbook and other tools on the NAWGJ website to assist with
learning how to script both skills and deductions. Here is a link to
shorthand help (<https://nawgj.org/judging-aids/shorthand-helps/>). No
one else needs to interpret your scripting and deduction methodology,
but you. If you are new to scripting skills, start with one new skill each
session you judge and use it every time you see it.

*Copper Beam - Lever/T has
no angle requirement.
Levering action not required
to touch beam. Example:
Level 1 Needle kick fulfills
acro requirement.

*When doing a
lever for Bronze
the back leg must
be horizontal or
above.