## **OKLAHOMA JUDGES ASSOCIATION**

# NOV. 2023 NEWSLETTER



Question of the month

On beam a plat/diamond does a split leap 135 what value part do they get? And do they get special requirement?

Email your answers to kelly072806@gmail.com

October Winner is: Donita Tripp

October question "If you sign up to work a meet and something happens and you can't make it. Who do you contact?"

Answer: Please contact our Assigner, Brittany Leissner (405)570-7115, and your meet referee in a group text. Contact information can be found in Gymjas if you need it!

# CANON CORNER

### From the Code of Professional Responsibility:

The Canons express the conduct expected of women's gymnastics judges in their relationship with the public, with NAWGJ, and with the profession of judging in general. We're going to be reviewing the canons and considering what they mean to us. We hope you'll take some time to review them and consider how you can help to uphold them as a judge.

#### Canon 1:

Judges should assist in maintaining the integrity and competence of the profession of judging women's gymnastics.

#### From Various sources online:

**Integrity** is an indispensable moral virtue that includes acting with honesty, fairness, and decency. A person of integrity will consistently demonstrate good character by being free of corruption and hypocrisy.

Competence is the quality or state of being competent, such as, the quality or state of having sufficient knowledge, judgement, skill, or strength. We have all demonstrated we are competent by passing an exam, but to be truly competent we must continue to hone our judging skills through education and practice. By doing so we are working to maintain the profession of judging.

Zoo review was a great success. Thank you everyone for your time & effort!



### **REMINDERS**

\*\*XCEL Gold Bars\*\*

A cast back hip circle cast back hip circle does not fulfill SR 2/3.

The two circling skills (not mount or dismount) must either be 1- directly connected, 2- be different skills (connected or in isolation) or 3- be performed on separate bars (one on low bar and one on high bar).

\*\*6/7 Vault\*\*

Level 7- no requirement to touch feet, no deduction for missing feet.

Level 6- 1.00 deduction for missing feet= 9.0 SV Tsuk/Yurchenko entry vaults which do not land on the bottom of the feet first are not void vaults.

\*\*AAU Copper\*\*

Requirements can be found in last months newsletter and the AAU website.